

Moving On Up: Bridget Morgan



do it without having to spend lots of money.

“Like using old plastic milk bottles and plastic yogurt pots. Yes, we use permanent markers and acrylic pens but some people might have those at home, so it’s no problem. I have children and adults.”

Bridget Morgan was born over the border in England but moved to Llangynidr when she was six and a half. She does Crafting with Upcycled Materials workshops with The Big Skill.

“People have said that they sit down and start concentrating on what they’re doing and they just relax. We were at Green Man and although there was noise all around, bands and noise coming from different directions, quite a few people actually said ‘Oh, this is so peaceful’. There was noise but they found it peaceful.”

She says: “It’s cheaper than buying new materials. That is the advantage and sometimes you’re using materials that aren’t easy to recycle. And something that’s available to everybody. So what people do in the workshops, they can go home and

“Calm and relaxed. And they go away refreshed.”

