



PAY IT FORWARD...

The Big Skill CIC strives to make creativity available to everyone, and aims to overcome barriers to the arts and crafts which enhance all our lives. When you book a class with one of our tutors, part of the fee helps us to fund accessible workshops for those who would otherwise be unable to benefit from the activites that others take for granted.

WHAT WE OFFER YOU:

Well-being activites through arts and crafts, with sessions run by our experienced and qualified facilitators

WHY CONTACT US?

Research has shown that our mental and physical well-being is greatly improved through creativity, boosting confidence and relaxation, resulting in greater enjoyment and positivity for all staff or volunteers in their roles.

We will bring our wonderful workshops to you, and your team will enjoy a creative day, designed to relax and rejuvenate!





Creative Courses for Companies

Brought to you by The Big Skill CIC





www.thebigskill.com

WHAT IS ON OFFER?

We have facilitators based across the Brecon Beacons and the borders. Depending on your location, you can find out more about such sessions as:

- · Printmaking
- · Willow weaving
- Painting
- · Clay pots
- · Fused glass or mosaics
- · Abstract sculpture
- Bushcraft
- · Peg loom weaving
- · Letter press printing
- Book binding
- · Spoon or chopsticks whittling





SESSIONS AND FEES

- Half Day Course (morning or afternoon) costs £520 for up to 8 participants, with £30 per head for any additional participants. *
- Full Day Course costs £680 for up to 8 participants, and £40 per head. *
- * Depending on.type of course, no more than 8 staff/volunteers can book - but in this case you can book two half day courses for the cost of a full day course.
- Full Terms & Conditions will be emailed out to you when you make an enquiry:

creativecourses@thebigskill.com

MAKING IS MEDICINE!

Stress, depression and ill health are on the increase.

Champion Health reported in 2023 that 79% of people experienced work related stress, and that 1 in 2 employees would rather have wellbeing benefits than office-related perks.

Booking with us will enhance your well-being programme.

